	THIS IS YOUR TIME TO BE present	
	Brain Dump	
REALTALK with Cassie		
	THIS IS YOUR TIME TO BE Still	
	Kevelations	
MEETING DATE:		
GET Vulnerable		
Introduce yourself		
WHO ARE YOU? TELL US YOUR NAME AND WHERE YOU LIVE!		
2. Share your ah-ha		
WHEN YOU WERE GOING DEEPER, WHAT CAME UP FOR YOU? WHAT'S ON YOUR HEART?		
3. Be blezzed		
IF YOU COULD ASK FOR HELP WITH ONE THING THIS WEEK, WHAT WOULD IT BE?		

TAKE YOUR NEXT STEPS With Purpose

I WILL	
START DOING:STOP DOING:	
TAKE ACTION BY:	
CONNECT WITH:	



